



DISCHARGE INSTRUCTIONS TO CARE FOR THE SUTURED WOUND:

- ✓ Keep the wound dry; avoid water contact for two days.
- ✓ Wash your hands before touching the wound.
- ✓ Remove the old dressing, do proper hand washing, clean and dress the wound as explained and demonstrated by the Surgeon/Nurse.
- ✓ Discard the used materials in a sealed plastic bag before placing them in a trash can.
- ✓ The stitches will need to be removed in 7-10 days after assessment by the doctor.

GO BACK TO YOUR DOCTOR OR EMERGENCY ROOM IMMEDIATELY IF:

- You develop a fever.
- Stitches that are pulling away from the wound.
- Increased swelling, pain or redness in the skin around the wound.
- Have bleeding from the wound.

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