



HEAD INJURY INSTRUCTIONS FOR PEDIATRIC PATIENT:

PROBLEMS TO WATCH OUT FOR IN THE NEXT DAY OR TWO;

✓ **HEADACHE:**

Your child may be in discomfort. Give pain relievers as prescribed by your Physician to relieve pain. If your child's behavior is very different to their normal behavior, or the pain does not go away, go back to your doctor.

✓ **VOMITING:**

Your child may vomit two or three times in the first hour or two after the injury. If the vomiting continues immediately contact the Emergency room/Physician.

✓ **DROWSINESS:**

Immediately after the head injury your child may be sleepy. There is no need to keep your child awake if they want to sleep. If your child does go to sleep, wake them every 2 hours to check their condition, and their reaction to familiar things.

✓ **PROBLEMS TO WATCH OUT FOR IN THE NEXT FEW WEEKS:**

Some problems, which may result from a minor head injury, can be hard to detect immediately. In the next few weeks parents may notice irritability, mood swings, and tiredness or concentration problems in their child. Their behavior may be different from behavior before the injury. Talk to your doctor if you are worried about any of these signs. Most children with minor head injuries make a full recovery.

GO BACK TO YOUR DOCTOR OR HOSPITAL IMMEDIATELY IF:

Your
child
has:

- a. unusual or confused behavior.
- b. a severe or persistent headache which is not relieved by the medication as prescribed.
- c. frequent vomiting.
- d. bleeding or discharges from the ear or nose.
- e. a fits or convulsion, or spasm of the face or arms or legs.
- f. difficulty in waking up and difficulty in staying awake.

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